

PRES-SCRIPTIONS

INSIDE THIS ISSUE:

<i>Calendar of Events</i>	2
<i>Volunteer Board</i>	2
<i>Baby Shower</i>	2
<i>Hour Awards</i>	2&3
<i>Facility Reports</i>	3&4
<i>Vol. Opportunities</i>	4
<i>Healthplex</i>	5

2009 Board of Directors

Elected Officers

Chair—Maggie Batsel
 Chair Elect—Carol Aragon
 Secretary—Peggy Broersma
 Treasurer—Sally Koffman
 Asst. Treasurer—Dick Rogers

Facility Coordinators

Hospice—Toni Fine
 Kaseman—Marge Bowers
 Los Lunas—Carmella Gaskins
 Main—Mary Fontaine
 Northside—Rita Carpenter
 Rio Rancho—Helen Cox

Committees

Care Fund
 Joanne Martinico
 Co-Historians
 Nancy Rogers & Diane Baker

Prescriptions is the publication of Presbyterian Healthcare Services, Volunteer Services Dept.
 Contact:
 Editor: Karen Davis
 kdavis3@phs.org
 823-8821

NOTES FROM THE CHAIR BY MAGGIE BATSEL

Talk about live & learn! I have been a Volunteer with Presbyterian for 10 years, but always on the outside looking in. This past week, I had the opportunity to observe from the inside looking out. I was admitted as a patient and my experience was amazing. “Mrs. Batsel? Good morning, my name is Mary and I will be taking your x-ray”. “Margaret? My name is John and here is your lunch tray.” And then there was the wonderful Elizabeth with her friendly smile. However, she was a little “bossy” when it came to my taking walks: *Stand up straight, don’t look at your feet, we’ve gone around once, do you want to go around twice?*

And certainly my heart melted when Barbara and “Izzy”, a Therapy Dog Team came to visit. They made my day and the day for others on the unit. I am at home now and am aware of being very thankful. Thankful for Presbyterian Hospital, thankful to Jim Hinton for his support and his encouragement of CARES protocol, and last, but not least, I am thankful that I will never have to see pureed scrambled eggs or pureed waffles again!

FROM THE DIRECTOR’S DESK GARY MARSJANIK

I would like to invite all our volunteers to attend the annual Presbyterian Volunteer Regional Conference on June 24, 2009. This year’s event is being hosted by the Socorro General Hospital Auxiliary. It will be at the Owl Café in San Antonio, NM and is being promoted as the “**Howl at the Owl**”. The annual regional conference was started three years ago by our very own staff and volunteers as a means for the regions’ volunteers to come together and get updates on information pertinent to them and to share thoughts and ideas on how to better serve Presbyterian’s members in the role of a volunteer. The conference will be from 10:00AM-2:00PM. Registration at 9:30 AM

There is no charge for attending. Guest speakers will present information on some very interesting topics which alone is well worth the short trip south.

I think it will be a rewarding experience, not to mention a lot of fun. I would encourage all of our volunteers to attend in order to gather good ideas, meet fellow volunteers from around the state, and enjoy the great food provided by the Owl Café.

Please contact me at 841-1503 for more information or call Belinda at 841-1501 if you would like to attend. Transportation will be arranged if needed.

Calendar of Events

June 5

Past President's
Lunch—PKH

June 12

Baby Shower Gift
Presentation
2:00PM—PH Main

June 16

Board Meeting
10:00-11:30
ABQ Ambulance

June 17

Trip to the Botanic
Garden

June 24

Kaseman Council Mtg.
1:00-2:00

VOLUNTEER BOARD

BY TONI FINE—SUBMITTED BY MAGGIE BATSEL

The Presbyterian Volunteer Board meets monthly to determine a portion of activities that relate to the volunteers and the hospital community. This is a great opportunity for volunteers to have their voices heard. Representing our facilities, and serving on the board, volunteers share ideas, participate in decision making, network with other volunteers, and support each other. They also help to grow the organization, celebrate successes

and help to determine the future of volunteer activities.

**Come join us!
Visitors are always Welcome.**

Our next volunteer board meeting will be June 16, 2009 at Albuquerque Ambulance. For more information, check out our website at www.phs.org

BABY SHOWER

We are still collecting items for the PRES-ious Beginnings Baby Shower.

newborn diapers, wipes, onesies and other new items.

If you would like to donate, it's not too late. Just drop off your donation at your Volunteer Manager's office.

The presentation of the donations made by our volunteers will be **June 12, 2009 at 2:00PM**. If you would like to attend, please meet at the Volunteer Services office at Presbyterian Main. If you have questions, call SJ Sanchez at 841-1869



These items will be used to help low-income moms and their babies. Especially needed are

HOUR AWARDS

Healthplex/Aquatics

500 hours

Fay Bush
Wilda Saxton

Hospice

50 hours

Maria Appelzoller

PMG Los Lunas

50 hours

Cynthia Gomez

250 hours

Mavis Moyers

Kaseman

50 hours

Carolyn King & Missy
Karen Moody

1000 hours

Gwen Higgins &
Bear, Mikey & Susie

2000 hours

Shirley Tonjes

Hours continued
on page 3

CARE FUND

BY JOANNE MARTINICO

The Presbyterian CareFund Program provides financial assistance from the Presbyterian Healthcare Foundation for qualified Presbyterian employees, retirees or volunteers who experience an emergency or catastrophic financial hardship.

The CareFund Committee continues to meet the 2nd and 4th Tuesday of each month at the PAC to review applications for assistance from eligible employees/retirees.

Following are the year-to-date disbursement totals as of May 12, 2009.

PHS

Financial Assistance = \$29,826.81 (23 employees)
PTO = \$36,062.66 (29 employees /1888 hours)

PHP

Financial Assistance = \$1,550.65 (one employee)
PTO = \$1,362.28 (1 employee/80 hours)

HOSPICE

TONI FINE

At the end of last month, the Hospice volunteers provided dessert for the Daffodil Days Sponsors' Appreciation Luncheon. These sponsors are the supporters that, many times, remain behind the hectic hustle and bustle of Daffodil Days, but without whom, Daffodil Days would never get off the ground. We gratefully acknowledge and appreciate their vital part in this annual fund raiser.

At this month's volunteer meeting, our speaker will be Christine Davis from Healthplex. She will be discussing the benefits of yoga as a means of caring for ourselves.



Also this month, we are experimenting with a new way of making CONNECTIONS amongst the Hospice volunteers. We will be discussing the book "The Last Lecture" by Randy Pausch.

MAIN HOSPITAL— MARY FONTAINE

Patient Transport has 25 volunteers, some of whom work two days a week. The volunteers are called upon to transport patients from each of Downtown's 7 floors as they are discharged to go home. Patient Transport also takes patients to out-patient and in-patient registration areas, assists getting to parking areas, and to any of the multiple physician offices.

The volunteers also deliver cards and flowers to rooms to brighten the

patient's day as well as act as Wayfinders.

Many of the volunteers have worked together in their respective "teams" for 10 years or more and have become something of a second family to each other.



Esther Reynolds
Transport Volunteer

NORTHSIDE— Rita Carpenter

This month, I would like to share a poem from the District II Workshop.

I hope you all enjoy it!



Prayer to the Angel of Chocolate

Give me my just desserts,
 Rich with chocolatey taste.
 And may I savor the flavor
 Without it all going to waist.....
 May life seem that much sweeter
 As I eat this treat delicious
 And could you please
 Ask God to make it more nutritious!

HOURLY AWARDS

Continued from page 2

Presbyterian Main **50 hours**

- Santos Abeyta
- Michael Caro
- Teresa Coffey
- Jay Garcia
- Johanna Garcia
- Claudia Jordan
- Cynthia Manriquez
- Malerie Mock
- Jenny Molden
- Mike Patel
- Darren Peachey
- Kenia Perez
- Abel Renteria
- Catalina Salas
- Nathan Schmidt
- Eleanor Tibbetts
- Diane Weber

250 hours Alison Mills Claire Poirier-Carter

- ### **500 hours**
- Trylla Esherick
 - Katey Redmond
 - Onalea White
 - SJ Sanchez
 - Danny Willoughby

2000 hours Rocky Stone

26,000 hours Betty Bullington

Northside **2,000 hours** Celia Sandoval

Rio Rancho Med Ctr **50 hours** Helen Cox Katie Hassi Mary Raymond

VOLUNTEER OPPORTUNITIES

Gift Shops

Kaseman
Northside
PAC

Hospice

In-home
Barber/Beautician

Kaseman

Mail Cart
Skilled Nursing
Subs at Med. Bldg.

Rio Rancho

Emergency Room
Pediatrics

RIO RANCHO MEDICAL CENTER

KAREN DAVIS

It is with deep regret that we announce the resignation of **Gale Mathis** as Facility Coordinator. Gale has done an outstanding job and she will be missed. You will still find her doing her shift as Greeter every Thursday afternoon.

Helen Cox, Family Medicine Volunteer, will be taking her place effective June 1, 2009.

A big welcome to Helen! The Emergency Room volunteers had a very successful in-service meeting in May. The ER staff put on an excellent presentation for them.

We have also had our annual photo-shoot and we are looking forward to our brand new "Meet Your Volunteers Board".

The Rio Rancho Medical Center Staff had a surprise appreciation party for the volunteers during the photo shoot.

They are a great staff to work with and everyone enjoyed the event and appreciated their thanks. See photos below.

Please be a Recruit-a-Buddy!

If you know potential volunteers, please refer them to one of the following:

- Karen Davis 823-8821
- Melinda Dawe 291-2890
- Michele Gomez 923-5161
- Lorrie Griego 291-2098
- SJ Sanchez 841-1869



Party Room prepped for volunteers by Rio Rancho Staff



Vodra Dorn, Rio Rancho Staff, singing "You are the wind beneath my wings" to the Rio Rancho Volunteers Volunteer **Gus Krueger** looking on

Electronic Newsletter

If you would like to receive your newsletter via email, please send your request to bdahle@phs.org.

We made the switch last month and have gotten rave reviews.

Give it a try!
You'll love it too!

KASEMAN — MARGE BOWERS

Several Kaseman Volunteers attended the District II Workshop in Gallup, May 12th. Representing Presbyterian were **Gary Marsjanik** and **Melinda Dawe**, staff and volunteers **Gerry & Diana Jones**, **Brenda Knisely**, **Maggie Batsel**, **Marge Bowers**, **Rita Carpenter**, **Carol Argon** and **Nancy Rogers**.

Work continues on the main Lobby entry. We hope to have the project completed by the end of this month.

Congratulations to Melinda Dawe for surviving the wedding of her son, Tyler. We understand that there was a wonderful family gathering for the celebration, especially meaningful after the very recent loss of Melinda's Mom.

HEALTHPLEX AND AQUATICS

BY KAREN DAVIS & SHANNON BIELENBERG

This month, our featured volunteer opportunity will be the volunteers who give their time at Healthplex and Aquatics. These volunteers do very different work than that done by their counterparts in the hospitals and PMG's. They are a dedicated bunch. We seldom have openings for these positions because they all love being at their sites and show true dedication to their work.



At Aquatics, we have Greeters who check folks in, sell pool shoes, give advice about memberships and some have even helped people in or out of bathing suits!

Maria Pinzone
Aquatics

At Healthplex there are 3 groups. At the front desk, the Greeters job is to be certain every member is made to feel welcome. The members come to rely on "their Greeter" and notice when one of them is out sick.



Pat Kaufmann—Greeter, HPX

The second group is Machine Hygienists. They are responsible for cleaning the gym equipment which helps to make Healthplex look so nice and keeps all of the patients, staff and members healthier.



Max Martinez—Machine Hygienist

There is also a contingent up in the Physical/Occupational Therapy area who help the clerical staff with whatever is pressing that day.

Helen
Hennon
Physical/
Occupational
Therapy



They're a fantastic group of volunteers and are very much appreciated by the Healthplex/Aquatics

PLEASE JOIN US

FOR A GUIDED TOUR

of the

**ALBUQUERQUE BIO PARK
BOTANIC GARDEN**

June 17, 2009 10:00AM to noon.

Watch for your invitation
in the mail and call to
reserve your space.

We are limited to 25 participants



VOLUNTEERS AT WORK AND PLAY

Margaret Turner, Ann Casper, Mary Raymond, Brenda Smith, Dick Rogers, Penny Heep



**Rio
Rancho
Emergency
Room
Volunteers**



**Nancy Rogers
at Stuff 'n' Stuff**



**Celine Rabourne, Fay Bush
and Rita Carpenter making
heart pillows**



**District II
Maggie Batsel, Nancy Rogers, Rita Carpenter
and Diana Jones**

**Denise
Mellott
and
Karla
Holck
with
Karla's
work-
shop
door
prize**



**District II
Marge Bowers
Rita Carpenter
Melinda Dawe
Gary Marsjanik
Diana Jones**



**Pat Roehm picking out
her tomato plant**

Photos provided by Nancy Rogers & Diane Baker
Thank you for a great job!