

PRES-SCRIPTIONS

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2011 Board of Directors

Elected Officers

Chair—Carol Aragon
 Chair Elect—Joanne Martinico
 Secretary—Mary Fontaine
 Treasurer—Dick Rogers
 Asst. Treasurer—Phyllis Snider

Facility Coordinators

Hospice—Susan Korbach
 Kaseman—Arlyn Widenhoefer
 Main—Debbie Cook
 North Campus—Shirley Kendall
 Rio Rancho—Ann Casper

Committees

Care Fund—Toni Fine
 Historian—Maggie Strickland

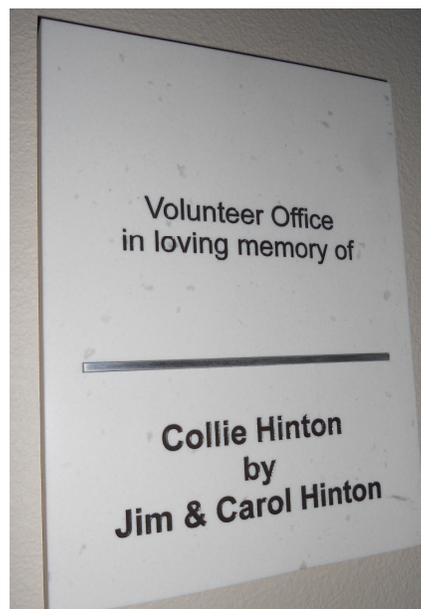
Prescriptions is the publication of Presbyterian Healthcare Services, Volunteer Services Dept.
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NOTES FROM THE CHAIR—CAROL ARAGON

As I near the home stretch of my run as Chair of the Volunteer Services Board, I am overwhelmed with a sense of gratitude. I have been privileged to work with the most dedicated, talented and giving group of individuals any one could hope for. Whenever there has been a need for ideas, physical labor, or simply moral support, board members have given 110%. Hand in hand with them have been more volunteers than I can count. Among the many endeavors you have supported, you can be especially proud of the Healing Garden at Presbyterian Rust Medical Center in Rio Rancho. Likewise, your support of the Jewelry and Accessories fundraising effort has been outstanding. Most recently, your work on behalf of New Mexico's organ donor program has added to the list of potential life-giving donors.

This month, please remember the Target Gift Cart to benefit the many homeless students within the Albuquerque Public School system. Also, our final Jewelry and Accessories sale for this year will be held at PH Main on December 19, 20 and 21. Come by for your last minute shopping.

Thank you all for every smile, every helping hand and every hour you give to help Presbyterian patients and their families. May you enjoy a beautiful and blessed Thanksgiving.



A heartfelt thanks to Presbyterian Healthcare Services President and CEO, Jim Hinton and his wife Carol, for designating their contribution to the Presbyterian Rust Medical Center capital campaign in memory of Mr. Hinton's mother, Collie, who was the Director of Volunteers for the University of New Mexico Mental Health Center, Lovelace Health Systems and finally the University of New Mexico Hospital where she retired in 1988. Presbyterian Volunteer Services is honored by this gift.

HOUR AWARDS**50 Hours**

Art Allpass
 Alice Blea
 Linda Davis (PK)
 Pamela Davis
 Lorna Fossenier
 Johnny Kenton, Jr.
 Barbara Knight
 Isaac Kruger
 Noah & Dory Lovato
 Kim Mayfield
 Cathie McCoy
 Lois Mentze
 Betty Mills
 Rose Moya
 Anna Paul
 Ezra Peachey
 Kathy Richter-Sand
 Fr. Jonas Romea
 Emily Rounds
 Richard Schuler
 Kathy Wharton

250 Hours

Betty Brown
 Lucille Duran
 Adrianna Garcia
 Michael Louie
 Elizabeth Romero
 Sandra Jean Welch

500 Hours

Patricia Rouen

1,000 Hours

Amita Parkhani
 Barbara Sellig

2,000 Hours

Larry Johnson
 Wanda McDaniel

7,000 Hours

Carol Nolan

NOTE: Hours Awards
 reflect hours accumulated
 through Sept 2011

HOSPICE

SUSAN KORBACH

A volunteer is a person who willingly offers him or herself to perform a service without pay. The origin of the word is French (voluntaire) and was first used around the 1600's. In the United States the first formal organization, Volunteers of America, was founded in 1896. Not only did they volunteer their time "but also their hearts, their spirits and their professional prosperity." I think it continues to be an apt description of our volunteers. As Lorrie Griego states in her monthly newsletter, "Volunteers are the heart of hospice."

REMINDER: The Hospice Memorial Tree Lighting Ceremony will be held on Tuesday, December 6th at 5:30pm at Kaseman. This event will honor hospice families and their loved ones. Volunteers are requested to bring baked goods for the reception and to help set up, usher and serve. Please contact Lorrie at 291-2098 if you are available to help. Thank you!

NATIONAL MAKE A DIFFERENCE DAY

OCTOBER 21, 20011

JOANNE MARTINICO

Wow! I believe we really did **make a difference** on our second annual "Donor Day", held in support of New Mexico Donor Services.

We manned tables at Presbyterian Main, Kaseman and the Kaseman Professional Building from 8:30am—4:30pm on Friday, October 21, visiting with folks coming and going from the buildings, handing out information regarding organ donation and encouraging them to register to be a donor if they were not currently registered.

Thanks to our enthusiastic volunteers, we made contact with over 300 people, resulting in 23 on-the-spot registrations. Others took registrations forms with them indicating they would read the literature and possibly sign up online at a later date.

The neatest part of the day was hearing success stories from both donors and recipients as they expressed their appreciation for what we were doing.

Many thanks to those who participated: **Toni Fine, Belva Malone, Carol Aragon, Betty Walkup, Kay Houck, Mary Fontaine, Natalie Miller, Maggie Strickland, Dorothy Curl, Susan Korbach, Julie Moslow, Wanda McDaniel, Becky Diaz, Peggy Broersma** and **Esther Martinez**. And additional thanks to Toni, Carol and Mary who took the time to attend the training and "captained" for their locations.

I appreciate each and every one of you!

FROM THE DIRECTOR'S DESK

GARY MARSJANIK



On October 22nd, I attended the Grand Opening of the Presbyterian Rust Medical Center in Rio Rancho. What a great event! Thousands of people were on hand to celebrate Presbyterian's newest addition and Sandoval County's first full service hospital. I must admit, I was overcome with emotion as I reflected on the journey Presbyterian has taken over the past 103 years. With little more than a dream and very little money, Reverend Hugh Cooper and Marion Van

Devanter, or Mrs. Van, started the journey that culminated with the opening of the Rust Medical Center. The vision of Rev. Cooper and Mrs. Van included an important piece, volunteers. Without the dedication and commitment to community service of our volunteers, Presbyterian could not have achieved its success in providing quality healthcare to the citizens of New Mexico. Thank you for being a part of Presbyterian's first step on its journey. And the journey continues.

KASEMAN

ARLYN WIDENHOEFER

We thank the Kaseman volunteers who assisted with the Make a Difference Day event on October 21st that highlighted NM Donor Services. Thanks to **Kay Houck, Esther Martinez** and **Julie Moslow**.

Get well wishes to **Joy Meldrum, Sue Williams** and **Wayne Webster**—all have had surgery and we look forward to having you back with us.

The Kaseman Council hosted a Thank You to the campus volunteers on November 3rd. We had a Dessert Social—the attendance was great and the volunteers really enjoyed the event.

Another long term Kaseman volunteer, **Florence Woodall**, retired on November 7th. She has volunteered with us since 1989. A farewell celebration took place in the Volunteer Office on November 7th.

As cold and flu season is upon us, please note the locations in our lobby areas for Kleenex, gloves and hand sanitizer so we can direct our customers to these locations—volunteers will assist in keeping these areas stocked.

HELP—we have some critical openings on the campus. They include Information Desk, Surgery Recovery, outpatient Lab & X-ray, and the Infusion Center. For more information, please contact the Kaseman volunteer office at 291-2890. Thank you!

VOLUNTEER OPPORTUNITIES

Gift Shops

PAC
Northside
PH Main

Kaseman

Information Desk
Infusion Center
OP Lab/X-Ray
Surgery/Recovery

Main

Information Desk
Patient Transport

Hospice

Rust Medical Cntr

Patient Transport
POB Greeter Desk

Please be a Recruit-a-Buddy!

If you know potential volunteers, please refer them to one of the following:

Melinda Dawe 291-2890
Judy Giannettino

253-1505

Lorrie Griego 291-2098
Kim Manko 823-8821
SJ Sanchez 841-1869
Yilma Vogel 923-5161



RIO RANCHO MEDICAL CENTER

ANN CASPER

During our recent Rio Rancho Volunteer Meeting on October 10th, we had as our guest speaker, attorney Kevin Hammer. In simple and effective terms, he discussed wills, trusts and power of attorney. We all appreciated the timely and informative subjects.



Our next meeting will be the Annual Holiday Potluck on December 12th.

NEWS FROM NORTH CAMPUS & PMG

SHIRLEY KENDALL

NORTH CAMPUS NEWS:

- Welcome to **Samantha Alvarez**, **Alex De La O**, and **Victoria Montoya** who are volunteering in Urgent Care.

HEALTHPLEX HAPPENINGS:

- **Jenna Sessions** and **Patricia Hubbard** are joining the cadre of volunteers in the Rehabilitation Department at the Healthplex.

AQUATICS:

- Welcome to **Barbara Wright** who will staff the desk on Monday mornings.

PMG RIO RANCHO (High Resort /Southern)

- **Rebecca Luco** and **Laura Martinez** are substitutes at the Greeters Desk. Welcome to **Lucille Duran** at the Greeters Desk. Lucille transferred from OB/GYN.
- The Annual Holiday Potluck will be held on Monday, December 12 at 11:30am in the second floor conference room of 4005 High Resort. Please call Kim Manko at 823-8821 to RSVP.

If you have any news or know of any special accomplishments, happenings, etc., that are going on in your area that should be mentioned in this newsletter, please let me know. You can call me at 856-6557 or email me at shirleykendall@hotmail.com. Thank you!

CARE FUND

TONI FINE

The Presbyterian CareFund Program provides financial assistance from the Presbyterian Healthcare Foundation for qualified Presbyterian employees, retirees or volunteers who experience an emergency or catastrophic financial hardship.

2011 Disbursement totals:

CareFund = \$80,030.04

PTO Fund = \$26,751.83 (hours value)

PH MAIN

DEBBIE COOK

Thank you to all those who have already brought in Target gift cards (\$10 or \$20) to reach out to the APS Title I Homeless Teen Project this holiday season. Our deadline is **December 1st**, but please continue to bring those cards to your Volunteer Manager. These young people are so appreciative of our help. The need is great and it only takes one card to make a difference in a teen's life.

There are several activities coming up here at Presbyterian Main for the month of December. The Holiday Craft Fair is scheduled for December 2 & 3 and the Jewelry Sale is December 19, 20 and 21. Both of these events will be held in the lobby. Please mark your calendars and try to drop by to purchase any last minute gifts you may need to finish your holiday shopping. This is a way to shop and help others at the same time.

It is with grateful hearts that our volunteers share their time, talents, energy, care and smiles to help our patients and families. Your generosity is so appreciated by so many. Thank you!

“MY NEW BEST FRIEND”

SJ SANCHEZ

Presbyterian Volunteers and staff at the Information Desk often hear “this is my new best friend” as ladies and gentlemen are holding onto their new “heart pillow” when asking for directions to their cardiologist's office.

When they find out that a volunteer made their pillow, they are so grateful. They tell us how it was such a comfort to hold onto the heart pillow as they were asked to cough to keep their lungs clear after heart surgery. They say the pillows gave them a sense of confidence that it would help hold their new stitches together!

The Stuff 'n' Stuff group meets every other month at Presbyterian Northside. Each year, the group provides over 300 heart pillows to PH Main, over 50 kidney pillows for transplant patients, and several small comfort heart pillows for Presbyterian Hospice. There is also a sewing group in Los Lunas that provides countless stuffed animals and medical play dolls for our pediatric patients throughout Albuquerque and Rio Rancho. Please consider joining us.

Special thanks to **Celine Rabourn** and her mom, **Celia Sandoval**, who coordinate the Northside group and who volunteer dozens and dozens of hours at home in order to have everything ready for the sewing group.

Thanks to **Marge Bowers** for storing and lugging the stuffing to each meeting. And gracias to the other sewing group members: **Josie Ramirez, Betty Shaum, Barbara DiMele, Fay Bush,**

Jane Reese, Amita Parkhani, Ardella Cirks, Carol Aragon, Diana Jones and **Art Allpass**, who joined after he received one of the pillows which he says is now one of his most treasured items.



Holiday Safety Tips

As we approach the holiday season, the Security Department would like to wish everyone a safe and joyous holiday. Every year with the holiday season comes an increase in crime. The following are some tips to help keep you safe during the holiday season:

Because thefts tend to increase during this time of year, the following tips are designed to help prevent you from becoming a victim:

- When walking to and from the parking lot, walk in pairs when possible. Please call Security at 841-1200 Presbyterian Hospital, 291-2278 Presbyterian Kaseman Hospital, or, 253-1000 Rust Medical Center for an escort if you are walking alone.
- Always be aware of your surroundings.
- Do not answer your cell phone while you are walking to your vehicle—finish all calls before leaving the building or wait until you are safely in your car before using your cell phone.
- Be on the lookout for suspicious persons.
- Ensure that you have an escape route, if needed.
- Have your keys in your hand ready to unlock your car without delay.
- As you approach your vehicle, look under it and around it. Before getting into your vehicle, look to ensure no one is hiding inside your vehicle.
- Keep your vehicle in good running condition.
- Keep your fuel tank at least a quarter full.
- Remove packages, parcels or anything of value or place them in the trunk of your car, or conceal them out of view.

In addition, please keep the following safety tips in mind when you are at work:

- Secure all valuables in a place inaccessible by anyone but you, such as in a locker/locked drawer.
- Avoid bringing expensive items or large sums of cash to work with you.
- Identity fraud is very costly. Make sure you secure all your personal information.
- Watch for items left unattended
- Be aware of those who are wandering or “hanging around”.

As always, safety is our top concern. Do not place yourself in harm’s way at any time. The Security Department would like to wish you and your family a happy and safe holiday season.

Mark Your Calendars

December 2-3	Holiday Craft Fair	PH Main (lobby)
December 6	Hospice Memorial Tree Lighting 5:30pm	Kaseman (lobby)
December 19-21	Jewelry & Accessories Sale	PH Main (lobby)
December 22nd	Mrs. Van’s Tea** 11:00am—1:00pm	PH & PK only (lobby)

**PH—Come visit with Santa and enjoy a performance by
Enchantment—Albuquerque Handbell Ensemble