

TILT TABLE TEST INSTRUCTIONS

You have been scheduled to have a tilt table test. The purpose of this test is to help determine the cause of severe dizziness or blackouts.

- ♥ Do not eat or drink anything after the midnight before the procedure.
- ♥ We will discuss with you which medications you can or cannot take on the day of the test.
- ♥ Wear comfortable clothing with a separate top and bottom.
- ♥ An intravenous line will be started through which medications may be given.
- ♥ You should be able to drive home after the procedure, but you may want to have a friend or family member with you.

We are pleased to answer your questions or discuss your condition with other health care professionals.