PRESBYTERIAN

AFTER YOUR HEART CATHETERIZATION INSTRUCTIONS
RADIAL ARTERY APPROACH

Bruising often occurs where tubes were placed during the catheterization. Don't be alarmed. Bruising or a small lump may take a couple of weeks to go away. No stitches need to be removed.

To Allow the Site to Heal, Please Follow These Instructions

❤ Do not put creams, ointments or lotions on the procedure site for the first 3 days.

❤ Keep the site open to air.

❤ Avoid lifting anything over 10 pounds, heavy pushing or pulling with your arm for the first 3 days.

❤ Gently wash the area with warm water and soap then pat dry with a towel as needed. Showering the day after the procedure is OK.

❤ Do not take a tub bath, swim or submerge your wrist in water until the area has healed.

Call Us (505-563-2500 or 800-734-4278) for Any of the Following Problems

❤ Fever over 101 degrees *F* or 38.5 degrees *C* within the next 48 hours.

❤ Numbness, cold sensation or tingling pain at the site or in your arm, hand, or fingers.

❤ Inability to move your hand or fingers normally

❤ Swelling, redness or drainage at the site

❤ Bleeding from the site.

If you have bleeding from the area or the lump seems to get larger suddenly, sit down, raise the arm, and apply pressure to the bleeding site with your other hand. **If the bleeding does not stop after 30 minutes of pressure then CALL 911 for an ambulance. Do not drive yourself to the hospital.**

We are pleased to answer your questions or discuss your condition with other health care professionals.

Presbyterian Heart Group
201 Cedar SE, Suite 7600; Albuquerque, NM 87106
505-563-2500 or 800-734-4278

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