

## **AFTER YOUR LOOP RECORDER INSTRUCTIONS**

Your loop recorder was placed beneath the skin near your collarbone. You may feel some pain around the area for a few days while it heals. If the pain bothers you, take a couple of Tylenol® tablets every six hours as needed.

Take care of your incision site.

- ♥ Keep the area dry for 3 to 5 days. After 3 to 5 days you may wash it with warm water and soap without lotion or cream in it. Do not scrub the area.
- ♥ You may cover the area with a loose dressing, otherwise leave it open to air until it is healed.
- ♥ You will not need to have stitches removed - they will dissolve on their own. Occasionally, a stitch will surface before it dissolves. If this happens, do not pull or cut the stitch.
- ♥ Do not drive until your physician says it is OK.

Look at your incision daily while healing. Call us (505-563-2500) if you have any of the following problems:

- ♥ Fever greater than 101° within the next week
- ♥ A bad dizzy spell or blackout
- ♥ Significant pain or redness at the site
- ♥ Fluid leaking from the incision

We will need to see you in the office to check your loop recorder on a regular basis. We will also arrange to check your loop recorder from home using specialized equipment.

You should receive an information card about your loop recorder by mail from the manufacturer within the next six weeks.

You can do little to harm your loop recorder. You don't need to worry about microwave ovens or other common household electrical appliances.

Your loop recorder may set off metal detectors at the airport. Inform the airport personnel that you have a loop recorder (show your card, if asked).

You should not undergo magnetic resonance imaging (MRI) without discussing this first with your cardiologist and/or your radiologist as there may be special considerations.

We are pleased to answer your questions or discuss your condition with other health care professionals.