

Am I at high risk for developing breast cancer?

The High Risk Breast Cancer Clinic is particularly appropriate for people with the following characteristics:

- History of breast cancer in more than one family member
- Family or personal history of ovarian cancer
- Family history of male breast cancer
- Personal history of breast cancer before age 50 or breast cancer in both breasts (bilateral)
- Ashkenazi Jewish heritage or Colonial Hispanic heritage
- Previously identified BRCA mutation

A personalized care plan can enhance the effectiveness of prevention and early detection efforts.



The Cancer Center at Presbyterian's High Risk Breast Cancer Clinic

Kaseman Professional Office Building
8300 Constitution Ave. NE
Oncology – 2nd Floor
Phone (505) 559-6100



NATIONAL ACCREDITATION PROGRAM FOR BREAST CENTERS
ACCREDITED BREAST CENTER



www.phs.org

High Risk Breast Cancer Clinic

Providing education and personalized care plans for women at increased risk for breast cancer



High Risk Breast Cancer Clinic

Today, women who are at high risk for developing breast cancer can face their futures with less fear of the unknown. The High Risk Breast Cancer Clinic provides education and a personalized care plan, giving women the most current information about breast cancer and the steps they can take towards prevention and early detection.

The clinic operates under the guidance of Jane Kanowitz, MD, a Memorial Sloan Kettering trained breast medical oncologist.

Consultations at the High Risk Breast Cancer Clinic

Patients can call to set up a consultation with our Nurse Practitioner. Your consultation will include:

- Screening using a standardized risk assessment tool
- A clinical breast exam and instruction in breast self examination
- Discussion of risk assessment results and development of a personalized care plan.

The plan may include referrals for additional testing or genetic counseling. For some women with specific risk factors, this additional testing provides the optimal level of information for early detection and survival.

Meet your consultant

Karen Spielbusch, MSN, CFNP, is a Nurse Practitioner who joined Presbyterian's High Risk Breast Cancer Clinic in 2012. She is an Advanced Practice Registered Nurse – Board Certified (APRN-BC) and has more than 25 years of experience in women's health services.

Karen graduated from the University of New Mexico with a Bachelor of Science in Nursing and received her Master of Science in Nursing and Nurse Practitioner degree from the University of St. Francis at Albuquerque.

Karen is passionate about her commitment to the early diagnosis, intervention and treatment of breast cancers.



Presbyterian Breast Care Network

Breast cancer prevention is an important service of the Presbyterian Breast Care Network comprised of The Cancer Center at Presbyterian, High Resolution Imaging Services, the Presbyterian MD Anderson Radiation Treatment Center and Presbyterian Medical Group surgeons.

The dedicated physicians, nurses and other highly trained support staff at The Cancer Center at Presbyterian work together to provide exceptionally skilled and caring cancer treatment for each of our patients. We are proud that our patients tell us that we provide them with the "best of the best."

